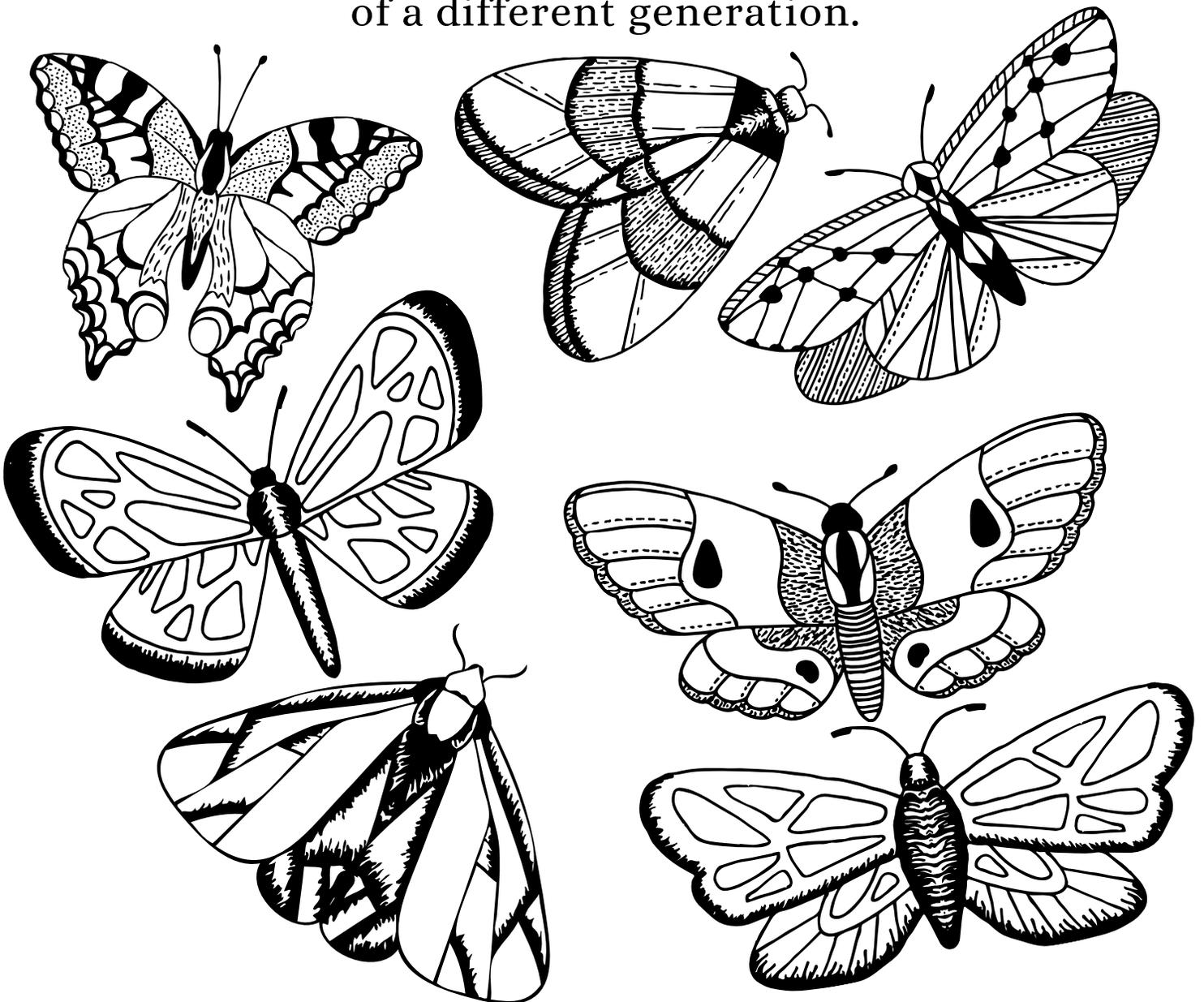


# Roots, Wings and Learn About Things

## Activity Booklet

Family Day is a day to connect with all the people who make up your family. Whether you connect virtually, by phone or with people in your household, the activities in this booklet are best done with someone of a different generation.



# Interview Questions

These interview questions were originally created for grandchild to get to know more about their grandparents. However these questions can be used to connect to any older adult in your life. Have fun!

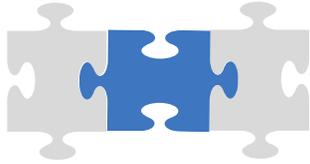
1. **What year were you born? On what Date?**
2. **Where were you born?**
3. **What was your first vivid memory?**
4. **Can you describe the neighborhood you grew up in?**
5. **Who was more strict: your mother or your father?**
6. **What were you like as a child? What did you like to eat? What did you do for fun? Did you ever have a secret place or favorite hiding spot?**
7. **Did you have any heroes or role models when you were a child?**
8. **What inventions do you most remember?**
9. **What is the highest honor or award you've ever received?**
10. **What's the one thing you've always wanted but still don't have?**
11. **Do you feel different about yourself now from how you felt when you were younger?**
12. **Is the present better or worse than when you were younger?**
13. **If you could go back to any age, which age would it be and why?**
14. **What's the best compliment you ever received?**
15. **Describe a person or situation from your childhood that had a profound effect on the way you look at life?**
16. **What is your most cherished family tradition? Why is it important?**
17. **What advice did your grandparents or parents give you that you remember best?**

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[www.legacyproject.org](http://www.legacyproject.org).



# Hot - Not Hot

Compare a young persons idea of what's hot and what's not with that of someone who grew up in a different time. Each fill out the form with the coolest things under "Hot" and then the worst, most uncool things under "Not". The person you are working with will write their answers on a blank piece of paper. Compare answers.



	Hot	Not
<b>Music</b>		
<small>Please join us for a celebration on Saturday</small> <b>Movie</b>		
<b>Actor</b>		
<b>Actress</b>		
<b>Video Game</b>		
<b>Book</b>		
<b>Clothing</b>		
<b>Hairstyle</b>		
<b>Food</b>		
<b>Transportation</b>		
<b>Way to say Hello</b>		

# Name That Object

Get together with family members or others in your bubble to try to identify all of the objects below. It may help to enlist the assistance of others older and/or younger than yourself!

