

JANUARY 4 - MARCH 31, 2021

Gymnastics

DROP-IN SCHEDULE

GYMNASTICS & TRAMPOLINE DROP-IN SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
QUEEN'S PARK SPORTSPLEX • 51 Third Avenue • 604.777.5121					
Motoring Munchkins 9:00 - 11:00 am	Parent & Tot Gymnastics 9:30 - 10:25 am	Parent & Tot Gymnastics 9:30 - 10:25 am	Parent & Tot Gymnastics 9:30 - 10:25 am	Motoring Munchkins 9:00 - 11:00 am	Parent & Tot Gymnastics 9:00 - 9:55 am
Youth & Adult Gymnastics & Trampoline 8:00 - 9:30 pm	Family Drop-in Gymnastics 6:30 - 8:00 pm <i>Try it!</i>	Youth & Adult Gymnastics & Trampoline 8:00 - 9:30 pm <i>Try it!</i>		Motoring Munchkins 12:00 - 2:00 pm <i>Try it!</i>	
Try It! We offer new opportunities for you to enjoy at a "Try It!" rate. For more opportunities see newwestcity.ca/try-it					
Schedules are subject to change. For up-to-date schedules please visit newwestcity.ca/dropin					

Drop-in Fees:

Motoring Munchkins	\$3.25
Parent & Tot Gymnastics	\$4.50 per child
Youth Gymnastics & Trampoline	\$6.75
Adult Gymnastics & Trampoline	\$8.75
Try It!	\$2.00

Parent & Tot Gymnastics

(1 - 6 years)

Parent Participation

Team up with your toddlers for an exciting introduction to the wide skies of gymnastics. Our top-notch instructors emphasize safety as they teach the basic techniques and help toddlers develop their balance, motor skills and body awareness. The full gymnastic and trampoline set up will be used.

Motoring Munchkins

(1 - 6 years)

Parent Participation

This is your dream come true! With balls, toys, trampolines and kid-sized play areas, there is something for everyone.

Family Drop-in Gymnastics (2+ years)

The perfect activity for the whole family. Enjoy tumbling, jumping, learning and of course having fun.

Youth & Adult Gymnastics & Trampoline (13+ years)

Perfect for the beginners to the advanced, divers, skiers, snowboarders, stunt people, and gymnasts. Each class is tailored for all skill levels.



Lesson Registration

WINTER REGISTRATION IS OPEN

A large selection of registered programs are offered for all ages each season. Choose from skating, gymnastics, trampoline, art, music, dance, yoga and more!

Browse offerings in the Active Living Guide: newwestcity.ca/ALG

Find and book lessons online: newwestcity.ca/register

Ready for the next level?

Check your grades online in the **Activity Outcomes** section of your profile: newwestcity.ca/register

Your grade determines what level you are eligible to register in next and are viewable at 8:30 am on the last day of your lesson set. If your last lesson set was prior to 2021, you may need to check in "Logs" for your grade.

More information: newwestcity.ca/registration-help

Experience Gymnastics (4 - 14 years)

Experience the magic of gymnastics during our 55 minute program led by one of our top notch instructors! This program is an ideal way to take our gymnastic programs for a "test drive" without committing to a full set of classes and to receive a quick assessment of skill level. Each class will be tailored to suit the needs of the children on that day.

Queen's Park Sportsplex

Saturday, 12:30 - 1:25 pm

January 8

January 15

January 22

January 29

February 5

February 12

February 26

March 5

Saturday, 12:30 - 1:25 pm

January 8

January 15

January 22

January 29

February 5

February 12

February 26

March 5

Registration Fee: \$4.50 / class

604.777.5121

(4 - 6 years)

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(6 - 14 years)

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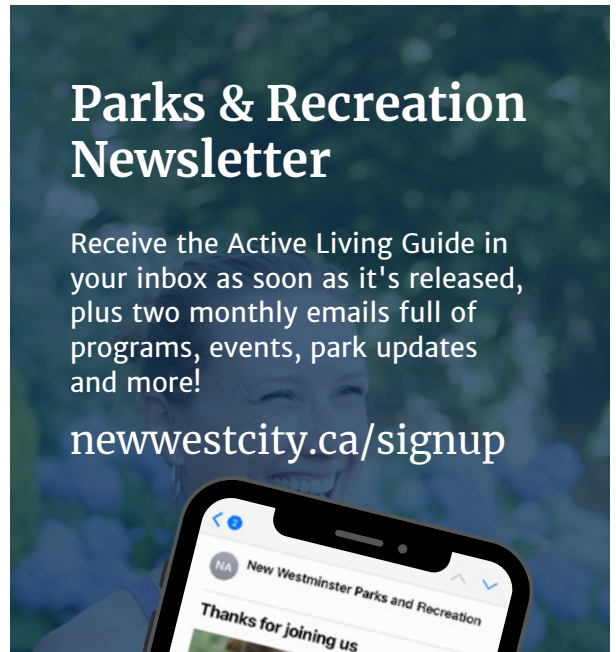
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Parks & Recreation Newsletter

Receive the Active Living Guide in your inbox as soon as it's released, plus two monthly emails full of programs, events, park updates and more!

newwestcity.ca/signup



What to know before you go:

Stay up-to-date with participation requirements: newwestcity.ca/what-to-know