

# FOOD RESOURCES CALENDAR – Updated April 29, 2021

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
<b>Breakfast</b>	<b>UGM</b> 658 Clarkson Street Takeout hot breakfast <b>8:30-9:30am</b>	<b>UGM</b> 658 Clarkson Street Takeout hot breakfast <b>8:30-9:30am</b>	<b>Salvation Army</b> 325 Sixth street Takeout breakfast <b>10:00am</b>  <b>Holy Trinity Cathedral,</b> 514 Carnarvon Takeout brunch <b>11am to noon</b>		<b>UGM</b> 658 Clarkson Street Takeout hot breakfast <b>8:30-9:30am</b>	<b>UGM</b> 658 Clarkson Street Takeout hot breakfast <b>8:30-9:30am</b>	<b>UGM</b> 658 Clarkson Street Takeout hot breakfast <b>8:30-9:30am</b>
<b>Lunch</b>	<b>UGM 658 Clarkson</b> Hot Lunches to go <b>11:00am-12:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>UGM 658 Clarkson</b> Hot Lunches to go <b>11:00am-12:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>UGM 658 Clarkson</b> Hot Lunches to go <b>11:00am-12:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>UGM 658 Clarkson</b> Hot Lunches to go <b>11:00am-12:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>	<b>UGM 658 Clarkson</b> Hot Lunches to go <b>11:00am-12:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>11:00am-12:00pm</b>
<b>Dinner</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>  <b>Century House</b> 620 Eighth Street Take-Away Meals <b>4:00-5:00pm</b>	<b>St. Vincent de Paul,</b> <b>Honeymoon Suite,</b> Alexander St. <b>4:00-5:00pm</b>  <b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>  <b>Aunt Leah's</b> 816 20 <sup>th</sup> Street Take-out dinner <b>3:00-4:00pm</b> Food Hampers Youth 15 - 25 yrs. <b>3:20pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>  <b>Century House</b> 620 Eighth Street Take-Away Meals <b>4:00-5:00pm</b>	<b>Gurdwara</b> 347 Wood Street Take-out hot meal <b>5:00-7:30pm</b>
	<b>Muslim Food Bank,</b> 604-464-6750 (Arabic & English). Register Online <a href="http://www.muslimfoodbank.com">www.muslimfoodbank.com</a>						

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<p><b>Food Hampers</b></p>	<p><b>Greater Vancouver Food Bank</b> Olivet Church (613 Queens Avenue ) <b>9:30am -12:30pm</b></p> <p><b>Quest (members)</b> 7753 6th Street 604-553-0636 Low-cost groceries <b>Tuesday to Friday 9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b> Delivery or pick-up. Call Ashley to register at 604-526-2522.</p>	<p><b>St. Barnabas Grab &amp; Go Hamper</b> 1010 5<sup>th</sup> Avenue <b>10am – Noon</b> <i>Seniors &amp; PWD</i> <b>10am – 10:30am</b></p> <p><b>Salvation Army</b> 325 Sixth Street <b>Food Bank 1:00pm -2:00pm</b></p> <p><b>Purpose Society, (Behind Building)</b> Alexander St. <b>Food Distribution 12:00pm – 2:00pm</b></p> <p><b>Purpose Society Hamper Program</b> Delivery or pick-up. 604-526-2522.</p> <p><b>Quest (members)</b> <b>Tuesday to Friday 9am-6:15pm</b></p>	<p><b>St. Aidan’s Food Hampers</b> 1320 7<sup>th</sup> Avenue <b>12:30 - 1:00 pm</b></p> <p><b>Knox Church Food Hampers</b> 403 E. Columbia <b>1:30 – 2:00 pm</b></p> <p><b>Queensborough Community Centre</b> Food Hampers 920 Ewen Ave. <b>1:00 – 1:30 pm</b></p> <p><b>Quest (members)</b> 7753 6th Street <b>9am - 4:15pm</b></p>		<p><b>Salvation Army</b> 325 Sixth Street Existing clients. New clients call for intakes 604-521-2421. <b>Food Bank 1:00pm -2:00pm</b></p> <p><b>Quest (members)</b> 7753 6th Street 604-553-0636 Low-cost groceries <b>Mondays from 9am-4:15pm</b></p> <p><b>Purpose Society Hamper Program</b> Delivery or pick-up. Call Ashley to register at 604-526-2522.</p>	<p><b>Salvation Army</b> 325 Sixth Street Existing clients. New clients call for intakes 604-521-2421. <b>Food Bank 1:00pm -2:00pm</b></p> <p><b>Quest (members)</b> 7753 6th Street 604-553-0636 Low-cost groceries <b>Tuesday to Friday 9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b> Delivery or pick-up. Call Ashley to register at 604-526-2522.</p>	<p><b>Salvation Army Bread and Milk</b> 325 6th Street <b>12:00-1:00 pm</b></p> <p><b>Quest (members)</b> 7753 6th Street 604-553-0636 Low-cost groceries <b>Tuesday to Friday 9am-6:15pm</b></p> <p><b>Purpose Society Hamper Program</b> Delivery or pick-up. Call Ashley to register at 604-526-2522.</p>
<p><b>Mobile Food Program</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>4:30pm-5:30pm</b> <b>Hot Meal (veg)</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>6:00pm – 1:00am</b> <b>Food, snacks and sandwiches</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>4:30pm-5:30pm</b> <b>Hot Meal (veg)</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>4:30pm-5:30pm</b> <b>Hot Meal (veg)</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>6:00pm – 1:00am</b> <b>Food and snacks</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>4:30pm-5:30pm</b> <b>Hot Meal (veg)</b></p>	<p><b>Purpose Health Van</b> 604-351-1885 <b>6:00pm – 1:00am</b> <b>Food and snacks</b></p>