

FOOD RESOURCES CALENDAR – Updated January 20, 2022

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Breakfast	UGM 658 Clarkson Street Takeout hot breakfast 8:30-9:30am	UGM 658 Clarkson Street Takeout hot breakfast 8:30-9:30am	Holy Trinity Cathedral, 514 Carnarvon Takeout brunch 11am to noon		UGM 658 Clarkson Street Takeout hot breakfast 8:30-9:30am	UGM 658 Clarkson Street Takeout hot breakfast 8:30-9:30am	UGM 658 Clarkson Street Takeout hot breakfast 8:30-9:30am
Lunch	UGM 658 Clarkson Street Hot Lunches to go 11:00am-12:00pm Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm	UGM 658 Clarkson Street Hot Lunches to go 11:00am-12:00pm Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm	Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm	Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm St. Vincent de Paul, 740 Carnarvon at The Russel's. Via Alexander St. Take-out meal <u>First and second Sunday of each month</u> 12:00 – 1:00pm	UGM 658 Clarkson Street Lunches take-out 11:00am-12:30pm Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm	UGM 658 Clarkson Street Hot Lunches to go 11:00am-12:00pm Gurdwara 347 Wood Street Take-out hot meal 11:00 am-12:00pm	UGM 658 Clarkson Street Hot Lunches to go 11:00am-12:00pm Gurdwara 347 Wood Street Take-out hot meal 11:00am-12:00pm St.Barnabas 1010 5th Ave - Grab and Go 1:00 – 2:30pm
Dinner	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm	St. Vincent de Paul, 740 Carnarvon Street at The Russel Shelter Via Alexander Street 5:00-6:00pm Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm Aunt Leah's 816 20 th Street Take-out dinner & Food Hampers Youth 15-25 yrs old 3:00-4:00pm	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm	Gurdwara 347 Wood Street Take-out hot meal 5:00-7:30pm

FOOD RESOURCES CALENDAR – Updated January 20, 2022

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	<p>Muslim Food Bank, 1-866-248-3868 (Arabic & English). Register Online www.muslimfoodbank.com</p>						
<p>Food Hampers and Low Cost Grocery Store</p>	<p>Greater Vancouver Food Bank Olivet Church (613 Queens Avenue) 9:30am -12:30pm</p> <p>Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper. Call 604-526-2522 for more information</p> <p>Quest Outreach Low Cost Grocery Store 7753 Sixth Street, Burnaby Call 604 553 0636 to become a client. 9:00am-5:45pm</p> <p>Hope Omid Emergency Food Distribution 825 McBride Boulevard Unit 20 (Plaza behind McDonald's) No registration required 4:00pm-5:00pm</p>	<p>Salvation Army Food Bank 325 Sixth Street Existing clients. New clients call for intakes 604-521-2421. 12:30pm – 2:00pm</p> <p>Purpose Society Food Distribution 604-526-2522. 40 Begbie Street (Arrive early, supplies last for 20 minutes) 12:00pm</p> <p>Quest Outreach Low Cost Grocery Store 7753 Sixth Street, Burnaby Call 604 553 0636 to become a client. 9:00am-5:45pm</p> <p>Hope Omid Emergency Food Distribution 825 McBride Boulevard Unit 20 (Plaza behind McDonald's) No registration required 4:00pm-5:00pm</p>	<p>St. Aidan's Food Hampers 1320 7th Avenue 12:30 - 1:00 pm</p> <p>Knox Church Food Hampers 403 E. Columbia 1:30 – 2:00 pm</p> <p>Don't Go Hungry Food Program Queensborough Fire Hall Food Hampers 1011 Ewen Ave. (Enter from behind the hall off Hampton St) 1:00 – 1:30 pm</p>		<p>Salvation Army Food Bank 325 Sixth Street Existing clients. New clients call for intakes 604-521-2421. 12:30pm – 2:00pm</p> <p>Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper. Call 604-526-2522 for more information</p> <p>Quest Outreach Low Cost Grocery Store 7753 Sixth Street, Burnaby Call 604 553 0636 to become a client. 9:00am-5:45pm</p> <p>Hope Omid Emergency Food Distribution 825 McBride Boulevard Unit 20 (Plaza behind McDonald's) No registration required 4:00pm-5:00pm</p>	<p>Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper. Call 604-526-2522 for more information</p> <p>Quest Outreach Low Cost Grocery Store 7753 Sixth Street, Burnaby Call 604 553 0636 to become a client. 9:00am-5:45pm</p> <p>Hope Omid Emergency Food Distribution 825 McBride Boulevard Unit 20 (Plaza behind McDonald's) No registration required 4:00pm-5:00pm</p>	<p>Salvation Army Bread and Milk 325 6th Street 12:00-1:30 pm (Drop-in)</p> <p>Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper. Call 604-526-2522 for more information</p> <p>St Barnabas Church 1015 Fifth Avenue (at church courtyard). Emergency groceries: 1:00pm – 2:30pm</p> <p>Quest Outreach Low Cost Grocery Store 7753 Sixth Street, Burnaby Call 604 553 0636 to become a client. 9:00am-5:45pm</p> <p>Hope Omid Emergency Food Distribution 825 McBride Boulevard Unit 20 (Plaza behind McDonald's) No registration required 4:00pm-5:00pm</p>