

FOOD RESOURCES CALENDAR – Updated to Reflect Thanksgiving (Oct. 12)

Last update: October 6, 2026

	Monday Oct.12	Tuesday Oct. 13	Wednesday Oct. 14	Thursday Oct. 15	Friday Oct. 16	Saturday Oct. 17	Sunday Oct. 18
Lunch	UGM 658 Clarkson Street 11:30am – 12:30pm Dine in (CLOSED) UGM Mobile Outreach Team will distribute sandwiches and cookies outside the doors from 12:00-2:00pm	UGM 658 Clarkson Street 11:30am – 12:30pm Dine in Connect Day Holy Trinity Cathedral 514 Carnarvon Burrito breakfast 9:00am -11:30am	UGM 658 Clarkson Street 11:30am – 12:30pm Dine in	UGM 658 Clarkson Street 11:30am – 12:30pm Dine in	UGM 658 Clarkson Street 11:30am – 12:30pm Dine in	Holy Trinity Cathedral 514 Carnarvon Takeout Brunch 11:00am – 12:00pm	St. Vincent de Paul 740 Carnarvon (Russel Shelter) Via Alexander St. <i>Dine-in or take-out</i> First and second Sunday of each month 12:00pm – 1:00pm
Dinner					St. Vincent de Paul 740 Carnarvon Street At the Russel Shelter Via Alexander Street <i>Dine in or take-out</i> 5:00pm – 6:00pm		

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	Muslim Food Bank – Call or text name and family size to 1-866-248-3868. For more info visit: https://muslimfoodbank.com/surrey-bc/						
Food Hampers and Low Cost Grocery Store	Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information (CLOSED) Hope Omid Food Distribution Program 930 Cumberland St. 4:00pm-5:30pm Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 5:45pm (CLOSED)	Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 5:45pm	Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information St. Barnabas/Shiloh 5th Ave. Churches 1010 Fifth Avenue Emergency Groceries 11:00am – 2:00pm Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 5:45pm	Purpose Society Hamper Program 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information AmEnough Society 529 Queens Ave. Food Bank Drop-in 236-627-7288, or via Whatsapp: 778-680-1178 1:00pm – 2:00pm Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 5:45pm	Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 5:45pm	Don't Go Hungry Food Program: St. Aidan's Food Hampers 1320 7th Avenue 1:30pm – 2:30pm Don't Go Hungry Food Program: New West Community Church (NWCC) Food Hampers 322 Hospital Street 1:00pm – 1:30pm Don't Go Hungry Food Program: Queensborough (Inside Queensborough Community Centre) 12:45pm – 1:15pm Quest Food Exchange 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client 9:00am – 3:45pm	