

Moody Park Outdoor Pool Schedule • Summer 2020

All swimming visits require registration. No drop-in access is allowed. Swimming lessons will not be offered this season.

Please review all safety and booking information at newwestcity.ca/summer-swimming prior to visiting the pool.

TIME	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
POOL AREA	Shallow End	Deep End	Shallow End	Deep End	Shallow End	Deep End	Shallow End	Deep End	Shallow End	Deep End	Shallow End	Deep End	Shallow End	Deep End
8:30 to 9:30 am	Shallow Aquafit	Lane Swimming	Shallow Aquafit	Lane Swimming	Shallow Aquafit	Lane Swimming	Shallow Aquafit	Lane Swimming	Zumba Aquafit	Lane Swimming	Shallow Aquafit	Lane Swimming	Shallow Aquafit	Lane Swimming
10:00 to 11:00 am	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
11:30 am to 12:30 pm	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
1:00 to 2:00 pm	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
2:30 to 3:30 pm	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
4:00 to 5:00 pm	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
5:30 to 6:30 pm	Leisure Swim	Lane Swimming	Shallow Aquafit	Lane Swimming	Leisure Swim	Lane Swimming	Shallow Aquafit	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming
7:00 to 8:00 pm	Shallow Aquafit	Lane Swimming	Leisure Swim	Lane Swimming	Zumba Aquafit	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming	Leisure Swim	Lane Swimming		

ALL SWIMS RUN RAIN OR SHINE

Schedule subject to change without notice