

Financial Help – Quick Reference

Behind on Rent?

The New Westminster Rent Bank offers low-fee, no interest, short-term loans to residents of New Westminster at risk of eviction or essential utility disconnection due to financial crisis. The New Westminster Rent Bank also offers assistance with damage deposits, pet deposits and first month's rent. For more information, please visit the [New Westminster Rent Bank website](#). The New Westminster Rent Bank can also be reached by phone at 604-526-2522 or by email at newwestminsterrentbank@purposesociety.org.

Need Help in Accessing Benefits and Financial Supports?

Family Services of Greater Vancouver offers the free COVID-19 Money Navigator, where their Navigators and Coaches will help connect people to any benefits and financial supports that they qualify for. Their chat and helpline hours are 9 am to 5 pm Monday to Friday. Contact them now for support in English, Español, Việt, Français, 粵語 (Cantonese), 普通话 (Mandarin), and ایجاد برای (Farsi). For more information, please visit the [Money Navigator website](#). The Money Navigator team can also be reached by phone at 1-800-609-3202 or by email at moneynavigator@fsgv.ca.

Need a Job?

Fraser Works Co-op is New Westminster's only WorkBC Employment Services Centre. Fraser Works offers no cost employment services, programs, information and supports to all New Westminster residents seeking employment. For more information, please visit the [Fraser Works Co-op website](#). The Fraser Works Co-op can also be reached by phone at 604-522-9701 ext 123 or by email at info@fraserworks.ca.

EMBERS Staffing Solutions is a socially responsible staffing agency, offering temporary job placements through their locations across Greater Vancouver. For more information, please visit the [Embers website](#). Embers' New Westminster Office can also be reached by phone at 604-332-0781 or by email at newwest@emberstaffing.com.

Need food?

There are many food programs in New Westminster. Some programs with food hampers in different neighbourhoods include **St. Aidan's** (Food Hampers Saturdays from 12:30 pm – 1 pm, 1320 7th Ave – located on West Side of New Westminster), **Purpose Society** (Deliveries and Pick-ups on Monday-Friday, 40 Begbie St - located in Downtown New Westminster – phone 604-526-2522), **Knox Church** (Food Hampers on Saturdays, 1:30 pm – 2:00 pm, 403 E. Columbia St – located in East Side of New Westminster), **St. Barnabas** (Food Hampers on Fridays, 10 am – 12 pm, 1010 5th Ave – located in Brow of the Hill) and **Holy Spirit Church** (Food Hampers on Saturdays, 1:30 pm – 2:00 pm, 244 Lawrence St, located in Queensborough).

Need More Information?

In addition to these four sections in this document, there are also other places to find financial and other assistance in New Westminster, including:

[The City of New Westminster's Financial Supports website.](#)

https://www.newwestcity.ca/services/public-safety/covid-19/community-resources/sb_expander_articles/1718.php

[The City of New Westminster's Community Resources website](#)

<https://www.newwestcity.ca/services/public-safety/covid-19/community-resources>

[The City of New Westminster's Helping Hands Brochure](#)

https://www.newwestcity.ca/database/files/library/New_West_Helping_Hands_Brochure.pdf

Corporation of the City of New Westminster

511 Royal Avenue, New Westminster BC V3L 1H9 • T 604.521.3711 • F 604.521.3895 • E info@newwestcity.ca
newwestcity.ca