

<b>DEPARTMENT:</b>	<b>Parks and Recreation</b>	<b>STATUS:</b>	<b>Auxiliary</b>
<b>NO. OF POSITIONS:</b>	<b>1-2</b>	<b>UNION:</b>	<b>CUPE, Local 387</b>
<b>HOURS OF WORK:</b>	<b>*See Below</b>	<b>SALARY:</b>	<b>\$38.02 - \$46.89 per class plus 12% in lieu of benefits and vacation</b>

The New Westminster Fitness Department requires experienced group fitness and indoor cycling instructors to add to its pool of staff. The successful candidate(s) will enjoy working in a fast paced environment and possess excellent interpersonal skills.

Under the supervision of the Fitness Leadership team, the fitness instructor is responsible for planning, and executing fitness classes within their scope of practice. The instructor is responsible for ensuring fitness classes are safe and inclusive. Your duties and responsibilities include:

#### Group Fitness Classes

- Develop and adjust fitness for patrons to ensure appropriate level
- Act as a fitness resource person for the community members

#### Customer Service/Communication

- Teach group fitness classes; improve techniques; supervise and ensure the safety of patrons enrolled in registered or drop-in group fitness in the facility
- Promote and market fitness programs; have a working knowledge of available programs provided within the City of New Westminster
- Act professionally and answer customer questions in an appropriate manner

#### Safety/Risk Management

- Ensure the fitness facility/area is safe and inclusive, report any equipment malfunctions or safety issues to the Fitness Leadership Team
- Ensure equipment is properly maintained, stored, and locked
- Able to provide a verbal PAR Q to all new participants at the beginning of classes

#### Administrative

- Arrange for a substitute instructor from approved lists if unable to teach assigned class; notify the Fitness Leadership Team of absence, notify a front desk attendant if late
- Able to fill out accident report forms when needed
- Other related duties as assigned

#### If you have the following characteristics and qualifications, we want to hear from you:

- Candidates must possess a minimum of:
  - Group Fitness Instructors: Current Group Fitness Certification through BCRPA, CanFitPro, CFES
  - Yoga Instructors: 200+ Hour Yoga Certification or BCRPA Yoga Fitness
  - Pilates Instructors: Pilates Certification
  - Cycling Instructors: Keiser certification preferred
- Valid First Aid/CPR certification
- The ability to pass and maintain a clear Police Information Check
- Experience in teaching a variety of group fitness class styles is considered an asset
- Required to be able to work a flexible schedule

Note: Completion of a practical demonstration of teaching skills will be a component of the screening process for all candidates.

**\* The successful candidate will work a flexible schedule with non-standard work hours / shifts.  
Day-time availability is required.**

Apply by sending your **cover letter and resume in one document** quoting the competition number, by May 06, 2022 to the Human Resources Department, City of New Westminster, 511 Royal Avenue, New Westminster, BC, V3L 1H9, e-mail to [hr@newwestcity.ca](mailto:hr@newwestcity.ca) using the following format in the subject line: **LAST NAME First Name #22-81**

*To support a workforce that reflects the diversity of our community; women, Indigenous Peoples, racialized individuals, persons of diverse sexual orientation, gender identity or expression (LGBTQ2S+), persons with disabilities, and others who may contribute to diversity of our workforce, are encouraged to express their interest.*

*New Westminster is on the unceded and unsundered land of the Halq'eméylem-speaking peoples.  
It is acknowledged by the City that colonialism has made invisible their histories and connections to the land.  
We are learning and building relationships with the people whose lands we are on.*

*We thank all applicants for their interest and advise that only those selected for an interview will be contacted.  
This position is only open to those legally entitled to work in Canada.*