

SENIORS ADVISORY COMMITTEE

March 21, 2013; 2:00 p.m.
Committee Room No. 2
City Hall

MINUTES

MEMBERS PRESENT:

Councillor Bill Harper	- Chair, Council Member
Helen Bodner	- BC Senior Services Society
Linda Cooper	- Community Member
Calvin Donnelly	- Sapperton Old Age Pensioners
Sylvester Helmink	- Queensborough 50+ Social Club
Alana McIntyre	- Community Member
Brian Pybus	- Community Member
Patricia Smith	- Community Member
<i>Vacancy</i>	- <i>Fraser Health Representative</i>

MEMBERS REGRETS:

Jacqueline Buchanan	- Community Member
Giuliana Graves	- Community Member
Annette Oakes	- Century House Association

STAFF:

Lesley Cole	- Manager, Seniors & Youth Services
John Stark	- Senior Social Planner
Donna Martin	- Committee Clerk

The meeting was called to order at 2:02 p.m.

1.0 ADDITIONS TO AGENDA

2.0 ADOPTION OF MINUTES

2.1 Adoption of the Minutes of February 14, 2013

MOVED and SECONDED

THAT the minutes of the Seniors Advisory Committee meeting held on February 14, 2013 be received and adopted.

CARRIED.

All members of the Committee present voted in favour of the motion.

3.0 PRESENTATIONS

3.1 Home First – Carl Meadows, Fraser Health

Carl Meadows, Fraser Health, reported that Fraser Health's Home First philosophy was formulated in response to seniors desire to live independently. Home is the best place to recover, to manage conditions and to live out the final days with appropriate supports.

Mr. Meadows explained why home is best:

- Longer hospital stays = decreased mobility, confusion, and risk of infection
- Most seniors want to live at home
- Home is the best place to make life-altering decisions
- Home is the best place to have care needs assessed.

Action is being taken to introduce a multi-pronged, integrated approach across the system to create a more timely flow of patients to the right care. This will address:

- Seniors desire to go home and stay home
- Improved access to beds for acutely ill
- Utilizing scarce residential beds for those needing 24/7 care.

System changing strategies with simultaneous changes across all programs will need to occur. The following strategies must be implemented.

- Culture change
- Management by program
- PATH Home Units for patient assessment and transition to home units under Home Health leadership
- Averting emergency admissions
- Home is the first option
- Realigning resources
- Community care strategy
- Better chronic disease management in the community
- Use of technology

Committee members offered the following comments/concerns:

- If process begins with General Practitioners, concerned there is not enough of them
- Cultural and language barriers will need to be addressed
- Prevention will become even more important
- Strategy will place more pressure on community-based resources
- Concerned about lack of integration between Fraser Health and community services
- Cutting small dollars may work against the community

Mr. Meadows suggested thinking globally rather than locally.

3.2 Queensborough Community Plan – Lynn Roxburgh, Planning Analyst

Lynn Roxburgh presented an overview of the Queensborough Community Plan framework and reviewed the draft vision, themes, goals and objectives.

Comments should be sent to John Stark by the end of March.

4.0 UNFINISHED BUSINESS

4.1 Fraser Health Reduced Weekly Seniors Compassionate Pass Option – John Stark

John Stark has been working with Fraser Health on a reduced weekly seniors compassionate pass option. Mr. Stark happily reported effective February 15, 2013 the senior rate will be \$35.00 per week at the Royal Columbian and the Burnaby Hospital parkades.

During the discussion, the following questions were raised:

- Will there be designated spots available for those who purchase a senior's pass?
- Where does a senior purchase a pass?

Mr. Stark will follow up and get answers to the above questions.

5.0 NEW BUSINESS

5.1 Edge Painting of Steps on all Public Buildings – Councillor Harper

Councillor Harper reported a resident has suggested the edges of the steps at the public library and all other public buildings be painted to provide safety to individuals with visual impairments. The Seniors Advisory Committee and the Special Services and Access Committee are asked to comment. Staff will forward comments to City Council.

Comments included the following:

- Consider a rough edge as well as a painted edge of steps
- Suggest painting curbs and adding a railing at McInnis Street Overpass

Procedural Note: Sylvester Helmink left the meeting at 3:40 p.m.

6.0 REPORTS AND INFORMATION

6.1 Seniors Planning and Action Network Update – Lesley Cole

Next meeting of SPAN will be held on April 3, 2013 at 1:00 p.m., at Century House.

6.2 Seniors Festival Update – Annette Oakes

Annette Oakes provided an update stating the date (October 5, 2013) and site (Century House) for the festival have been confirmed. It has been determined captains will be assigned to oversee the following areas: entertainment, education, food, fitness and recreational programs, pre-event programs, transportation, marketing and public relations, sponsorships, and others as required.

6.3 Master Transportation Advisory Committee (MTAC) Update – Linda Cooper

Linda Cooper reported MTAC has scheduled three workshops for committee members. The workshops are scheduled for:

- March 27, 2013
- April 3, 2013
- April 10, 2013

6.4 Meals on Wheels Fundraiser

Helen Bodner announced Senior Services Society in partnership with Starlight Casino will hold a “Meals on Wheels” Fundraiser on Wednesday, March 27, 2013 at Starlight Casino Gateway Grill. There will be a three course dinner, silent auction and world famous Elvis impersonator Darren Lee will perform. Doors open at 6:30 p.m. The cost is \$75.00.

Procedural Note: Councillor Harper returned to item 3.1

3.1 Home First – Carl Meadows, Fraser Health

John Stark expressed concern regarding the possible lack of integration with community-based service providers who have similar mandates. The emphasis on encouraging patients to live at home may place additional demands on these services without any additional resources.

MOVED and SECONDED

THAT the Seniors Advisory Committee recommends that City Council direct staff to write a letter to Fraser Health requesting its “Home First” initiative work closely with community-based organizations that are also mandated to assist seniors to live as independently as possible in their homes and community; and

THAT Fraser Health consider actions, including possible funding to assist the community-based organizations.

CARRIED.

All members of the Committee present voted in favour of the motion.

7.0 CORRESPONDENCE

8.0 NEXT MEETING

Next meeting April 11, 2013 in Committee Room No. 2

9.0 ADJOURNMENT

ON MOTION, the meeting adjourned at 4:10 p.m.

Councillor Bill Harper
Chair

Donna Martin
Committee Clerk