

Updated April 29, 2021

SURVIVAL RESOURCES GUIDE

Emergency Service Numbers

In an Emergency, call 9-1-1

New Westminster Police Service, Victim Services Unit

Provides crisis and trauma response, emotional support and referral services.

Crisis Intervention and Suicide Prevention Distress Line

Confidential and non-judgemental.

24 hours a day, 7 days a week

Metro Vancouver: 604-872-3311

BC: 1-800-SUICIDE (1-800-784-2433)

Laundry, Showers and Bathrooms

Maida Duncan Women's Drop-In Centre

Lower level, 402 East Columbia St 604-520-1166

Showers, laundry, donations, food.

Sunday 10 am-5 pm

Monday 10 am-3 pm

Tuesday 10 am-7 pm

Wednesday 12pm – 7pm

Thursday 10 am-6 pm

Friday 12 pm-6 pm

Saturday 10 am-3 pm



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Canada Games Pool

65 East Sixth Ave - Need more information: Ask at Lookout, Purpose, E Fry, or Holy Trinity.

Hot shower, comfort kit (including towel), shower items and snack, transit ticket and meal gift card.

Women Only: Monday's 2-4 pm

Men: Wednesday/Friday 2-4 pm

Purpose Society

40 Begbie St 604-526-2522

The front office is open for information and harm reduction supplies

Monday to Friday, 8:30 am – 5 pm

Health Van

604-351-1885

The health van provides harm reduction supplies and food during the hours listed below:

Monday 11 am - midnight

Tuesday 11 am - midnight

Wednesday 11 am - midnight

Thursday 11 am - midnight

Friday 11 am - midnight

Saturday 6 pm - midnight

Sunday 6 pm - midnight

Vancouver Infectious Disease Centre Outreach Clinic

Wednesday's 12pm to 4pm at Purpose Society

Drop in or call 604-526-2522 to book an appointment

- Point of care testing (HIV, HCV)
- Opioid Agonist Therapy, and other substance use treatment options
- Primary health care (basic wound care), physician attachment, and onsite lab

Water Fountains

Water fountains are located at:

Columbia and 8th Street, Hyack Park

Westminster Pier Park, 4th Street near the concession



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Outreach & Health Services

Union Gospel Mission New Westminster

658 Clarkson Street

Outreach services

Monday to Friday, until 3 pm

WINGS Outreach Team

604-521-1888

Relocation and multicultural support for women and children fleeing domestic abuse.

Russell Housing Centre – Outreach & EWR Program

Provides 10 Extreme Weather Response (EWR) mats during extreme weather events
until March 31, 2021

740 Carnarvon Street

604-529-9126 extension 101, 105 and 106

Sunday – Thursday 7:00 am – 5:30 pm

Friday – Saturday 9:30 am – 5:30 pm

New Westminster Mental Health Centre –

2nd floor, 403 Sixth St 604-777-6800

Services for adults (+19) who have acute and/or persistent mental health conditions. Services include assessment, individual and group treatment, care coordination, rehabilitation services, family & peer support, residential care, and referral/bridging to other community services.

Monday - Friday 8:30 am - 4:30 pm

Fraser Health Crisis Line – 24 hours a day – everyday

604-951-8855 or Toll-free 1-877-820-7444

Purpose Youth Clinic

40 Begbie Street, 604-526-2522

Provides the following services to youth 21 years or under:

- Access of free medical care
- birth control education & provision
- pregnancy testing + decision making



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- STI information, examinations + treatment; and
- HIV education + testing.

No appointments necessary.

Tuesdays 3 – 6 pm and Thursdays 4 – 7 pm

Royal Columbian Hospital

350 East Columbia Street, 604-520-4253

Shelter & Housing

Shelter and Street Help Line – call 2-1-1

Designed to assist people who are affected by homelessness.

24 hours a day, 7 days a week

Covenant House (Vancouver)

604-685-7474

Helps youth aged 16 to 24 who have fled physical, emotional and/or sexual abuse; those who have been forced from their homes; and those who have aged out of foster care.

Elizabeth Fry Society

Gurney's Place Shelter (New Westminster)

Twelve units of emergency shelter for women and children *604-524-0710*

Pathways (New Westminster)

Nine units of second stage (18 months) housing for women. *604-540-1985*

Sheena's House (North Surrey)

For women and children. *604-581-1538*

Cynthia's Place (North Surrey)

For single women *604-582-2456*

Extreme Weather Response Shelter

Twenty mats for men and women. Operational during extreme weather only, *Nov 1 to Mar 31. 606 Clarkson St 604-523-9126, ext. 105*

Fraserside Community Services Society Emergency Family Shelter

604-525-3929

Twelve beds for homeless families and single parents.



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Lookout Housing and Health Society Emergency Shelter

740 Carnarvon St 604-523-9126

Russell Housing Centre

Sixteen beds for homeless men.

Maria Keary Cottage

305 Carnarvon St 604-636-3590

Seventeen beds. At capacity.

Monarch Place Transition House

604-521-1888

Twelve bed emergency shelter for women and children fleeing domestic abuse.

Salvation Army Stevenson House

32 Elliot St 604-526-4783

Fourteen bed emergency shelter for men. At capacity.

Servant Anonymous Society (Surrey)

604-590-2304

Operates residential programs for sexually exploited women and youth.

Government Services

BC 211

Provides information on community, social or government services. Free, confidential and multilingual.

24 hours a day, 7 days a week 2-1-1

Ministry of Social Development and Poverty Reduction

202-1015 Columbia St, 1-866-866-0800

Provides income assistance, disability assistance, and referral to employment services for individuals who are unemployed, underemployed, awaiting other income, or unable to work. *Monday to Friday, 9 am – 12 pm and 1 pm – 4 pm*

Ministry of Children and Family Development – New Westminster

201 – 1065 Columbia Street - call 604-660-9495

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Services to children, youth and their families (0-18 years), including:

- Child Protection
- Child, Youth and Family Services
- Child and Youth Mental Health
- Youth Justice

Indigenous Services – *call 604-660-9710*

Children and Youth with Special needs – *call 604-660-5900 press 1*

Service Canada Centre

201 - 620 Royal Ave

Identification and Social Insurance Number

Office closed. Call 1-800-622-6232 for information.

Burnaby and Surrey offices are operating in limited capacity and are offering BC Service Card and BC eID.

