

SURVIVAL RESOURCES GUIDE

Nightly Shelters

502 Columbia St (access off Front St)

8:00 pm - 8:00 am

740 Carnarvon St (access off Alexander St)

8:30 pm - 8:30 am

Emergency Service Numbers

In an Emergency, call 9-1-1

New Westminster Police Service, Victim Services Units

Provides crisis and trauma response, emotional support and referral services.

Crisis Intervention and Suicide Prevention Distress Line

Confidential and non-judgemental.

24 hours a day, 7 days a week

Metro Vancouver: 604-872-3311

BC: 1-800-SUICIDE (1-800-784-2433)

Laundry, Showers and Bathrooms

Maida Duncan Women's Drop-In Centre

Lower level, 402 East Columbia Street

Please call to confirm operating times as it changes based on staff availability and programming. 604-520-1166

Showers, laundry, donations, food.

Monday closed

Tuesday 10am-8pm

Wednesday 10am-4pm

Thursday 10am-4pm

Friday 10am-4pm

Saturday 10am-4pm

Sunday 10am-4pm



Union Gospel Mission New Westminster

658 Clarkson Street 604-525-8989

Doors will open at 8:00 am and close at 10:00 am on Mondays - Fridays. However, Showers will still be available for a one hour time slot TBD between 9:30am and 11:00am on Monday, Wednesday, and Fridays.

People will still be able to see Case Management, IHART and MSDPR and Outreach for appointments anytime all morning on Mondays – Fridays.

Purpose Society

40 Begbie Street 604-526-2522

The front office is open for information and harm reduction supplies

Monday to Friday, 8:30 am – 5 pm

Purpose Society Nightly Shelter

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Must enter on Front Street only
- Operates 8:00pm to 8:00am
- 50 beds

Water Fountains

Water fountains are located at:

Columbia and Eighth Street, Hyack Park

Westminster Pier Park, Fourth Street near the concession

Outreach & Health Services

Union Gospel Mission New Westminster

658 Clarkson Street 604-525-8989

Outreach services

Monday to Friday, until 3 pm

NEW weekly Health and Wellness Clinic with Dr. Heidi on Wednesdays

Starting on Wednesday, January 10, 2024

Dr. Heidi is a naturopathic doctor who offers primary care, including B12 & B complex injections, urinary infection screen, pregnancy test, consultations, and renewing most prescriptions (for the exception of pain meds like opioids).



Lookout Housing & Health Society OUTREACH

604-529-9126, extension 105

Outreach workers in New Westminster assist homeless individuals living in the parks and alleys to become housed, then provide the necessary wrap around support services that provide stability. Whether housed or not, Outreach works with each individual to ensure they receive necessary supports; offering warm drinks or cold water, harm reduction supplies, socks and blankets.

New Westminster Mental Health Centre

2nd floor, 403 Sixth Street 604-777-6800

Services for adults (+19) who have acute and/or persistent mental health conditions. Services include assessment, individual and group treatment, care coordination, rehabilitation services, family & peer support, residential care, and referral/bridging to other community services.

Monday - Friday 8:30 am - 4:30 pm

Fraser Health Crisis Line – 24 hours a day – everyday

604-951-8855 or Toll-free 1-877-820-744

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40 Begbie Street 604-526-2522

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Monday to Friday, 8:30 am – 5 pm

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Peer Assisted Care Team (PACT)

PACT is a mobile, community-led team that offers support to individuals experiencing a mental health and/or substance use crisis.

The mobile team, comprised of a Mental Health Worker and a Peer Support Worker (someone with lived or living experience), will attend to crisis calls during scheduled service hours.

PACT services are available to callers aged 13+ and adults living in the city of New Westminster.

Hours of operation: 12:00pm-8:00pm, 7 days/week

Contact number: 778-727-3903

For any additional questions regarding PACT, please contact Nicole Sto Tomas, PACT Program Coordinator/Case Manager at nicole.stotomas@purposesociety.org

Purpose Society ID Replacement Clinic – Paused

ID Support Worker available

604-526-2522

Monday, Wednesday, Friday 9 am – 5 pm (closed Tuesday and Thursday)

Health Van

604-351-1885

The health van provides harm reduction supplies during the hours listed below:

Monday - Friday, 11 am – midnight

Saturday and Sunday, 6 pm – midnight

Purpose Youth Clinic

40 Begbie Street, 604-526-2522

Provides the following services to youth 21 years or under:

- Access of free medical care
- birth control education & provision
- pregnancy testing + decision making
- STI information, examinations + treatment; and
- HIV education + testing.

Tuesdays and Thursdays 2:30 pm – 6:00 pm

Vancouver Infectious Disease Centre Outreach Clinic

Wednesday's 12pm to 4pm at Purpose Society

Drop in or call 604-526-2522 to book an appointment

- Point of care testing (HIV, HCV, COVID19)
- Opioid Agonist Therapy, and other substance use treatment options
- Primary health care (basic wound care), physician attachment, and onsite lab

Digital Inclusion Initiative at Purpose Society

<https://www.digitalinclusionproject.org/> or call (604) 526-2522

This initiative provides a space where people are able to come and use electronic devices



for free, access Internet, and one-on-one support.

Warming Centre (when temperatures are -4C and below)

40 Begbie Street at the Health Contact Centre with access off Alexander St.

Purpose Society is supporting a Warming Centre for when temperatures are -4C and below. From 11:00pm to 8:00am when open.

Health Contact Centre

40 Begbie Street, 604-526-2522 (Entrance behind the building on Alexander Street)

Seven days a week, 3:30pm to 10:30pm

- Witnessed consumption
- Drug testing
- Harm reduction supplies
- Take-Home Naloxone Kits
- Overdose response training
- Peer support
- Community referrals (health clinic, counselling, food programs, tech café, & more)

WINGS Outreach Team

604-521-1888

Relocation and multicultural support for women and children fleeing domestic abuse.

Royal Columbian Hospital

350 East Columbia Street

604-520-4253 for non-emergency line.

Century House - NEW

620 Eighth Street

Tuesdays 10am to 12:30pm

Ages 55 to 64

Community Integration Specialist – assistance with: applying for Income/Disability assistance and complete intakes start to finish, completing and collecting monthly reports, creating and processing service requests for health assistance, crisis supplements, shelter updates, ID supplements, ordering birth certificates, providing security deposits for housing, startup funds and beds, outreach to people who are not able to attend a income assistance office, and more.



Shelter & Housing

Purpose Society Nightly Shelter

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Must enter on Front Street only
- Operates 8:00pm to 8:00am
- 50 beds
- **Operational as of September 1, 2022**

Shelter and Street Help Line – call 2-1-1

Designed to assist people who are affected by homelessness.

24 hours a day, 7 days a week

Covenant House (Vancouver)

604-685-7474

Helps youth aged 16 to 24 who have fled physical, emotional and/or sexual abuse; those who have been forced from their homes; and those who have aged out of foster care.

Elizabeth Fry Society

Gurney's Place Shelter (New Westminster)

Twelve units of emergency shelter for women and children 604-524-0710

Pathways (New Westminster)

Nine units of second stage (18 months) housing for women. 604-540-1985

Sheena's House (North Surrey)

For women and children. 604-581-1538

Cynthia's Place (North Surrey)

For single women 604-582-2456

Extreme Weather Response Shelter

Twenty mats for men and women. Operational during extreme weather only,
Nov 1 to Mar 31. 606 Clarkson St 604-523-9126, ext. 105

Fraserside Community Services Society Emergency Family Shelter

604-525-3929

Twelve beds for homeless families and single parents.

Lookout Housing and Health Society Emergency Shelter

740 Carnarvon Street 604-523-9126

Russell Housing Centre

- Enter off Alexander Street
- Open 8:30 pm to 8:30 am

Maria Keary Cottage

305 Carnarvon Street 604-636-3590

Seventeen beds. Call for placement.

Monarch Place Transition House

604-521-1888

Twelve bed emergency shelter for women and children fleeing domestic abuse.

Salvation Army Stevenson House

32 Elliot Street 604-526-4783

Fourteen bed emergency shelter for men. At capacity.

Servant Anonymous Society (Surrey)

604-590-2304

Operates residential programs for sexually exploited women and youth.

Last Door Recovery House

327 Eighth Street

1-866-247-9890

Adult and youth addictions treatment program for males.

Government Services

BC 211

Provides information on community, social or government services. Free, confidential and multilingual.

24 hours a day, 7 days a week 2-1-1

Ministry of Social Development and Poverty Reduction

202-1015 Columbia Street, 1-866-866-0800

Provides income assistance, disability assistance, and referral to employment services for individuals who are unemployed, underemployed, awaiting other income, or unable to work. ***Monday to Friday, 9 am – 12 pm and 1 pm – 4 pm***

Ministry of Children and Family Development – New Westminster

201 – 1065 Columbia Street - call 604-660-9495

Services to children, youth and their families (0-18 years), including:

- Child Protection
- Child, Youth and Family Services
- Child and Youth Mental Health
- Youth Justice

Indigenous Services – *call 604-660-9710*

Children and Youth with Special needs – *call 604-660-5900 press 1*

Service Canada Centre

201 - 620 Royal Avenue

Identification and Social Insurance Number

Office closed. Call 1-800-622-6232 for information.

Burnaby and Surrey offices are operating in limited capacity and are offering BC Service Card and BC ID.