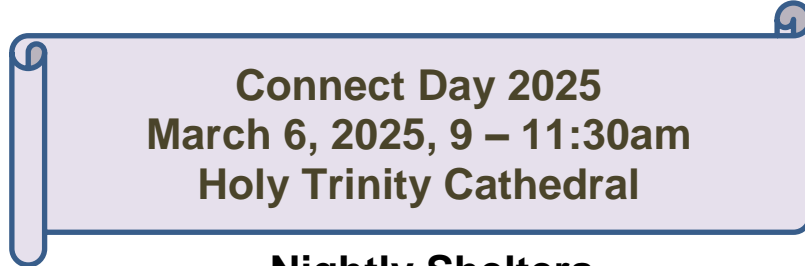


# **SURVIVAL RESOURCES GUIDE**



## **Nightly Shelters**

**502 Columbia St (access off Front St)**

**8:00 pm - 8:00 am**

**740 Carnarvon St (access off Alexander St)**

**8:30 pm - 8:30 am**

## **24/7 Winter Shelter**

**28 – 32 Sixth Street (Cliff Block)**

**24/7 Nov. 12, 2024 – April 30, 2025**

## ***Emergency Service Numbers***

**In an Emergency, call 9-1-1**

**New Westminster Police Service, Victim Services Units**

Provides crisis and trauma response, emotional support and referral services.

## **Crisis Intervention and Suicide Prevention Distress Line**

Confidential and non-judgemental.

**24 hours a day, 7 days a week**

Metro Vancouver: 604-872-3311

BC: 1-800-SUICIDE (1-800-784-2433)

## ***Laundry, Showers and Bathrooms***

### **Maida Duncan Women's Drop-In Centre**

Lower level, 402 East Columbia Street

**Please call to confirm operating times as it changes based on staff availability and programming. 604-520-1166**



Showers, laundry, donations, food.

***Monday closed***

***Tuesday 10am-8pm***

***Wednesday to Sunday 10am-4pm***

## **Union Gospel Mission New Westminster**

658 Clarkson Street 604-525-8989

***Doors will open at 8:00 am and close at 12:30 pm on Mondays - Fridays. However,*** Showers will still be available for a one hour time slot TBD between 9:30am and 11:00am on Monday, Wednesday, and Fridays.

People will still be able to see Case Management, IHART and MSDPR and Outreach for appointments anytime all morning on Mondays – Fridays.

## **Purpose Society**

40 Begbie Street 604-526-2522

The front office is open for information and harm reduction supplies

***Monday to Friday, 8:30 am – 5 pm***

## **Purpose Society Nightly Shelter - OPEN EVERY DAY**

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Must enter on Front Street only
- Operates 8:00pm to 8:00am
- 50 beds

## **Sanitation Trailer (includes 2 toilets, sinks, and 2 showers)**

502 Columbia Street (next to the Nightly Shelter - enter on Front Street)

- 24 hours a day, 7 days a week
- Open to all members of the public

## **Water Fountains**

***Water fountains are located at:***

Columbia and Eighth Street, Hyack Park, Westminster Pier Park, Fourth Street near the concession

## ***Outreach & Health Services***

### **City of New West Crisis Response Team – Drop-in Service at the Library**

604-636-4343 (Crisis Response Team number)

City of New West Public Library 716 6<sup>th</sup> Avenue

**Every second Wednesday starting January 8<sup>th</sup> from 1:30-2:30pm**

### **Union Gospel Mission New Westminster**

*658 Clarkson Street 604-525-8989*

Outreach services

***Monday to Friday, until 3 pm***

**Health and Wellness Clinic with Dr. Heidi on Wednesdays**

Dr. Heidi is a naturopathic doctor who offers primary care, including B12 & B complex injections, urinary infection screen, pregnancy test, consultations, and renewing most prescriptions (for the exception of pain meds like opioids).

### **Lookout Housing & Health Society OUTREACH**

*604-529-9126, extension 105*

Outreach workers in New Westminster assist homeless individuals living outdoors to become housed and connect to wrap around support services that provide stability. Whether housed or not, Outreach works with each individual to ensure they receive necessary supports; offering warm drinks or cold water, harm reduction supplies, socks and blankets.

### **New Westminster Mental Health Centre**

*2nd floor, 403 Sixth Street 604-777-6800*

Services for adults (+19) who have acute and/or persistent mental health conditions.

Services include assessment, individual and group treatment, care coordination, rehabilitation services, family & peer support, residential care, and referral/bridging to other community services.

***Monday - Friday 8:30 am - 4:30 pm***

### **Fraser Health Crisis Line – 24 hours a day – everyday**

*604-951-8855 or Toll-free 1-877-820-744*

### **Purpose Society**

*40 Begbie Street 604-526-2522*

The front office is open for information and harm reduction supplies

***Monday to Friday, 8:30 am – 5 pm***

### **Purpose Society Nightly Shelter**

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Operates 8:00pm to 8:00am (must enter on Front Street only)
- 50 beds

### **Peer Assisted Care Team (PACT)**

PACT is a mobile, community-led team that offers support to individuals experiencing a mental health and/or substance use crisis. The mobile team, comprised of a Mental Health Worker and a Peer Support Worker (someone with lived or living experience), will attend to crisis calls during scheduled service hours. Available to aged 13+ living in New West.

**Hours of operation:** 7am – 11:30pm, 7 days/week

**Contact number:** 778-727-3909

For any additional questions regarding PACT, please contact Nicole Sto Tomas, PACT Program Coordinator/Case Manager at [nicole.stotomas@purposesociety.org](mailto:nicole.stotomas@purposesociety.org)

### **Purpose Society ID Replacement Clinic - Paused**

ID Support Worker available

604-526-2522

***Monday, Wednesday, Friday 9 am – 5 pm (closed Tuesday and Thursday)***

### **Health Van**

604-351-1885

The health van provides harm reduction supplies during the hours listed below:

***Monday - Friday, 11 am – midnight***

***Saturday and Sunday, 6 pm – midnight***

### **Purpose Youth Clinic**

40 Begbie Street, 604-526-2522

Provides the following services to youth 21 years or under:

- Access of free medical care
- birth control education & provision
- pregnancy testing + decision making
- STI information, examinations + treatment; and
- HIV education + testing.

***Tuesdays and Thursdays 2:30 pm – 6:00 pm***

## **Vancouver Infectious Disease Centre Outreach Clinic**

*Wednesday's 12pm to 4pm at Purpose Society*

Drop in or call 604-526-2522 to book an appointment

- Point of care testing (HIV, HCV, COVID19)
- Opioid Agonist Therapy, and other substance use treatment options
- Primary health care (basic wound care), physician attachment, and onsite lab

## **Digital Inclusion Initiative at Purpose Society**

<https://www.digitalinclusionproject.org/> or call (604) 526-2522

This initiative provides a space where people are able to come and use electronic devices for free, access Internet, and one-on-one support.

## **Health Contact Centre**

*40 Begbie Street, 604-526-2522 (Entrance behind the building on Alexander Street)*

**Seven days a week, 3:30pm to 10:30pm**

- Witnessed consumption
- Drug testing
- Harm reduction supplies
- Take-Home Naloxone Kits
- Overdose response training
- Peer support
- Community referrals (health clinic, counselling, food programs, tech café, & more)

## **WINGS Outreach Team**

604-521-1888

Relocation and multicultural support for women and children fleeing domestic abuse.

## **Royal Columbian Hospital**

350 East Columbia Street

604-520-4253 for non-emergency line.

## **Century House**

620 Eighth Street

Tuesdays 10am to 12:30pm

Ages 55 to 64

Community Integration Specialist – assistance with: applying for Income/Disability assistance and complete intakes start to finish, completing and collecting monthly reports, creating and processing service requests for health assistance, crisis supplements, shelter updates, ID

supplements, ordering birth certificates, providing security deposits for housing, startup funds and beds, outreach to people who are not able to attend a income assistance office, and more.

## ***Shelter & Housing***

### **Purpose Society Nightly Shelter**

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Must enter on Front Street only
- Operates 8:00pm to 8:00am
- 50 beds (men and Women)

### **Shelter and Street Help Line – call 2-1-1**

Designed to assist people who are affected by homelessness.

***24 hours a day, 7 days a week***

### **Covenant House (Vancouver)**

604-685-7474

Helps youth aged 16 to 24 who have fled physical, emotional and/or sexual abuse; those who have been forced from their homes; and those who have aged out of foster care.

### **Elizabeth Fry Society**

#### **Gurney's Place Shelter (New Westminster)**

Twelve units of emergency shelter for women and children 604-524-0710

#### **Pathways (New Westminster)**

Nine units of second stage (18 months) housing for women. 604-540-1985

#### **Sheena's House (North Surrey)**

For women and children. 604-581-1538

#### **Cynthia's Place (North Surrey)**

For single women 604-582-2456

### **Extreme Weather Response Shelter (NEW) 402 Columbia Street**

Ten mats for women. Operational during extreme weather only, November 1, 2024 to April 30, 2025.

### **Fraserside Community Services Society Emergency Family Shelter**

604-525-3929

Twelve beds for homeless families and single parents.

## **Lookout Housing and Health Society:**

### **Nightly Shelter**

740 Carnarvon Street 604-523-9126

- Enter on Carnarvon
- Open 8:30 pm to 8:30 am

### **24/7 Winter Shelter (NEW)**

28-32 Sixth Street (Cliff Block) 778-949-4300

Twenty-five beds for women and men. **November 12, 2024 – April 30, 2025.**

## **Maria Keary Cottage**

305 Carnarvon Street 604-636-3590

Seventeen beds. Call for placement.

## **Monarch Place Transition House**

604-521-1888

Twelve bed emergency shelter for women and children fleeing domestic abuse.

## **Salvation Army Stevenson House 24/7 Shelter**

32 Elliot Street 604-526-4783

Fourteen to sixteen bed emergency shelter for men. At capacity.

## **Servant Anonymous Society (Surrey)**

604-590-2304

Operates residential programs for sexually exploited women and youth.

## **Last Door Recovery House**

327 Eighth Street 1-866-247-9890

Adult and youth addictions treatment program for males.

## ***Government Services***

### **BC 211**

Provides information on community, social or government services. Free, confidential and multilingual. **24 hours a day, 7 days a week 2-1-1**

**Ministry of Social Development and Poverty Reduction**

*202-1015 Columbia Street, 1-866-866-0800*

Provides income assistance, disability assistance, and referral to employment services for individuals who are unemployed, underemployed, awaiting other income, or unable to work. ***Monday to Friday, 9 am – 12 pm and 1 pm – 4 pm***

**Ministry of Children and Family Development – New Westminster**

*201 – 1065 Columbia Street - call 604-660-9495*

Services to children, youth and their families (0-18 years), including:

- Child Protection | Child, Youth and Family Services
- Child and Youth Mental Health
- Youth Justice

Indigenous Services – *call 604-660-9710*

Children and Youth with Special needs – *call 604-660-5900 press 1*

**Service Canada Centre**

*201 – 620 Royal Avenue, Call 1-800-622-6232 for information.*

Burnaby and Surrey offices are operating in limited capacity and are offering BC Service Card and BC ID.