

# **SURVIVAL RESOURCES GUIDE**

## ***Emergency Service Numbers***

**In an Emergency, call 9-1-1**

### **New Westminster Police Service, Victim Services Units**

Provides crisis and trauma response, emotional support and referral services.

### **Crisis Intervention and Suicide Prevention Distress Line**

Confidential and non-judgemental.

**24 hours a day, 7 days a week**

Metro Vancouver: 604-872-3311

BC: 1-800-SUICIDE (1-800-784-2433)

## ***Laundry, Showers and Bathrooms***

### **Maida Duncan Women's Drop-In Centre**

*Lower level, 402 East Columbia Street*

*Please call to confirm operating times as it changes based on staff availability and programming. 604-520-1166*

Showers, laundry, donations, food.

**Monday 10am-8pm**

**Tuesday 10am-8pm**

**Wednesday 10am-6pm**

**Thursday 10am-7pm**

**Friday 10am-5pm**

**Saturday 10am-4pm**

**Sunday 10am-4pm**

### **Centennial Community Centre**

*East Sixth Street 604-777-5100*

Shower program available

**Summer hours: Friday's from 4 pm-6:30 pm (last shower is at 6:00pm)**



## **Purpose Society**

40 Begbie Street 604-526-2522

The front office is open for information and harm reduction supplies

**Monday to Friday, 8:30 am – 5 pm**

### **Purpose Society Nightly Shelter**

502 Columbia Street (Former Army & Navy Building)

604-526-2522 (8:30am-5:00pm) or 604-375-5792(shelter hours)

- Must enter on Front Street only
- Operates 8:00pm to 8:00am
- 50 beds
- **Operational as of September 1, 2022**

### **Purpose Society ID Replacement Clinic**

ID Support Worker available

604-526-2522

**Monday – Friday 9 am – 2 pm**

### **Health Van**

604-351-1885

The health van provides harm reduction supplies during the hours listed below:

**Monday - Friday, 11 am – midnight**

**Saturday and Sunday, 6 pm - midnight**

### **Vancouver Infectious Disease Centre Outreach Clinic**

Wednesday's 12pm to 4pm at Purpose Society

Drop in or call 604-526-2522 to book an appointment

- Point of care testing (HIV, HCV, COVID19)
- Opioid Agonist Therapy, and other substance use treatment options
- Primary health care (basic wound care), physician attachment, and onsite lab

## **Water Fountains**

**Water fountains are located at:**

Columbia and Eighth Street, Hyack Park

Westminster Pier Park, Fourth Street near the concession

## ***Outreach & Health Services***

### **Union Gospel Mission New Westminster**

*658 Clarkson Street 604-525-8989*

Outreach services

***Monday to Friday, until 3 pm***

### **WINGS Outreach Team**

*604-521-1888*

Relocation and multicultural support for women and children fleeing domestic abuse.

### **New Westminster Mental Health Centre**

*2nd floor, 403 Sixth Street 604-777-6800*

Services for adults (+19) who have acute and/or persistent mental health conditions.

Services include assessment, individual and group treatment, care coordination, rehabilitation services, family & peer support, residential care, and referral/bridging to other community services.

***Monday - Friday 8:30 am - 4:30 pm***

### **Fraser Health Crisis Line – 24 hours a day – everyday**

*604-951-8855 or Toll-free 1-877-820-744*

### **Purpose Youth Clinic**

*40 Begbie Street, 604-526-2522*

Provides the following services to youth 21 years or under:

- Access of free medical care
- birth control education & provision
- pregnancy testing + decision making
- STI information, examinations + treatment; and
- HIV education + testing.

***Tuesdays and Thursdays 2:30 pm – 6:00 pm***

**Purpose Health Contact Centre**

*40 Begbie Street, 604-526-2522 (Entrance behind the building on Alexander Street)*

***Seven days a week, 3:30pm to 10:30pm***

- Witnessed consumption
- Drug testing
- Harm reduction supplies
- Take-Home Naloxone Kits
- Overdose response training
- Peer support
- Community referrals (health clinic, counselling, food programs, tech café, and more)

**Royal Columbian Hospital**

*350 East Columbia Street*

*604-520-4253 for non-emergency line.*



# ***Shelter & Housing***

## **Shelter and Street Help Line – call 2-1-1**

Designed to assist people who are affected by homelessness.

***24 hours a day, 7 days a week***

## **Covenant House (Vancouver)**

*604-685-7474*

Helps youth aged 16 to 24 who have fled physical, emotional and/or sexual abuse; those who have been forced from their homes; and those who have aged out of foster care.

## **Elizabeth Fry Society**

### **Gurney's Place Shelter (New Westminster)**

Twelve units of emergency shelter for women and children *604-524-0710*

### **Pathways (New Westminster)**

Nine units of second stage (18 months) housing for women. *604-540-1985*

### **Sheena's House (North Surrey)**

For women and children. *604-581-1538*

### **Cynthia's Place (North Surrey)**

For single women *604-582-2456*

### **Extreme Weather Response Shelter**

Twenty mats for men and women. Operational during extreme weather only, *Nov 1 to Mar 31. 606 Clarkson St 604-523-9126, ext. 105*

## **Fraserside Community Services Society Emergency Family Shelter**

*604-525-3929*

Twelve beds for homeless families and single parents.

## **Lookout Housing and Health Society Emergency Shelter**

*740 Carnarvon Street 604-523-9126*

Russell Housing Centre

Sixteen beds for homeless men.

## **Maria Keary Cottage**

*305 Carnarvon Street 604-636-3590*

Seventeen beds. Call for placement.

**Monarch Place Transition House**

604-521-1888

Twelve bed emergency shelter for women and children fleeing domestic abuse.

**Salvation Army Stevenson House**

32 Elliot Street 604-526-4783

Fourteen bed emergency shelter for men. At capacity.

**Servant Anonymous Society (Surrey)**

604-590-2304

Operates residential programs for sexually exploited women and youth.

**Last Door Recovery House**

327 Eighth Street

1-866-247-9890

Adult and youth addictions treatment program for males.

# **Government Services**

## **BC 211**

Provides information on community, social or government services. Free, confidential and multilingual.

**24 hours a day, 7 days a week 2-1-1**

## **Ministry of Social Development and Poverty Reduction**

*202-1015 Columbia Street, 1-866-866-0800*

Provides income assistance, disability assistance, and referral to employment services for individuals who are unemployed, underemployed, awaiting other income, or unable to work. **Monday to Friday, 9 am – 12 pm and 1 pm – 4 pm**

## **Ministry of Children and Family Development – New Westminster**

*201 – 1065 Columbia Street - call 604-660-9495*

Services to children, youth and their families (0-18 years), including:

- Child Protection
- Child, Youth and Family Services
- Child and Youth Mental Health
- Youth Justice

Indigenous Services – *call 604-660-9710*

Children and Youth with Special needs – *call 604-660-5900 press 1*

## **Service Canada Centre**

*201 - 620 Royal Avenue*

Identification and Social Insurance Number

**Office closed. Call 1-800-622-6232 for information.**

Burnaby and Surrey offices are operating in limited capacity and are offering BC Service Card and BC ID.