






The below table presents a summary of **trusted links and resources regarding the COVID-19 pandemic** in one single place. While we will continue to ensure the correctness of the information, please contact Anur Mehdic at [amehdic@newwestcity.ca](mailto:amehdic@newwestcity.ca) should you find an inaccuracy.

Organization	Details	Web Resource	Phone Resources
<p><b>BC Centre for Disease Control (BCCDC)</b></p> 	<p>BCCDC provides health promotion and prevention services, analytical and policy support to government and health authorities, and diagnostic and treatment services to reduce communicable &amp; chronic disease, preventable injury and environmental health risks.</p> <p>The BCCDC has compiled extensive information about the COVID-19 pandemic, including how to protect yourself, your family and your community and what to do if you suspect you have the virus.</p>	<p><b>General:</b> <a href="http://www.bccdc.ca">www.bccdc.ca</a></p> <p><b>COVID-19 Specific Web Resources</b></p> <p><a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19">http://www.bccdc.ca/health-info/diseases-conditions/covid-19</a></p> <p>Find answers to some of the <b>most common questions about COVID-19:</b></p> <p><a href="http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions">http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions</a></p>	<p><b>COVID-19 Specific Phone Resources</b></p>
<p><b>HealthLink BC</b></p> 	<p>HealthLink BC, which is part of the BC Ministry of Health, provides reliable non-emergency health information and advice in British Columbia.</p> <p>HealthLink BC has also created a comprehensive web resource around the COVID-19 pandemic.</p>	<p><b>General:</b> <a href="https://www.healthlinkbc.ca/">https://www.healthlinkbc.ca/</a></p> <p><b>COVID-19 Specific Web Resources</b></p> <p><a href="https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19">https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19</a></p> <p>This self-assessment tool, will help determine whether you may need further assessment or testing for COVID-19.</p> <p><a href="https://covid19.thrive.health/">https://covid19.thrive.health/</a></p> <p><b>COVID-19 Specific Web Resources – Mental Health</b></p> <p>To support British Columbians of all ages during the COVID-19 pandemic, the Province is expanding existing <b>mental health</b> programs and launching new services.</p> <p><a href="https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/virtual-supports-covid-19">https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/virtual-supports-covid-19</a></p>	<p>The province has created a phone service to provide <b>non-medical</b> information about COVID-19, including the latest information on travel recommendations and social distancing.</p> <p>Information is available in more than 110 languages</p> <p>Non-medical information dedicated to COVID-19 is available 7:30am-8pm at <b>1-888-COVID19.</b></p> <p>If you have additional health questions, you can also call <b>HealthLink BC 8-1-1</b> toll-free in B.C., <b>7-1-1</b> for the deaf and hard of hearing.</p>
<p><b>Fraser Health Authority</b></p> 	<p>Fraser Health is one of five regional health authorities in B.C. working together with the BC Ministry of Health.</p> <p>Fraser health has compiled extensive information and downloadable material to help answer questions about COVID-19 pandemic.</p>	<p><b>General:</b> <a href="http://www.fraserhealth.ca">www.fraserhealth.ca</a></p> <p><b>COVID-19 Specific Web Resources</b></p> <p><a href="https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus">https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus</a></p>	
<p><b>Public Health Agency of Canada</b></p> 	<p>The Public Health Agency of Canada is a federal institution that empowers Canadians to improve their health.</p> <p>The government of Canada has created a comprehensive webpage dedicated to providing resources on the COVID-19 pandemic.</p>	<p><b>General:</b> <a href="http://www.canada.ca/en/public-health">www.canada.ca/en/public-health</a></p> <p><b>COVID-19 Specific Web Resources</b></p> <p><a href="https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html">https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html</a></p>	<p><b>COVID-19 Specific Phone Resources</b></p> <p>For more information on coronavirus call <b>1-833-784-4397</b></p>
<p><b>World Health Organization (WHO)</b></p> 	<p>WHO works worldwide to promote health, keep the world safe, and serve the vulnerable.</p> <p>The WHO has produced extensive COVID-19 resources for the public, available in several languages.</p>	<p><b>General:</b> <a href="https://www.who.int/">https://www.who.int/</a></p> <p><b>COVID-19 Specific Web Resources</b></p> <p><a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019">https://www.who.int/emergencies/diseases/novel-coronavirus-2019</a></p>	