FOOD RESOURCES CALENDAR

Last update: August 24, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	**UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**UGM** 658 Clarkson Street **11:30am – 12:30pm** **Dine in**	**Holy Trinity Cathedral** 514 Carnarvon Takeout Brunch **11:00am – 12:00pm**	**St. Vincent de Paul** 740 Carnarvon At the Russel Shelter Via Alexander St. *Dine-in or take-out* First and second Sunday of each month **12:00pm – 1:00pm**
Dinner					**St. Vincent de Paul** 740 Carnarvon Street At the Russel Shelter Via Alexander Street *Dine in or take-out* **5:00pm – 7:30pm**		

New Westminster

FOOD RESOURCES CALENDAR

Last update: August 24, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Muslim Food Bank – Call or text name and family size to 1-866-248-3868. For more info visit: https://muslimfoodbank.com/surrey-bc/						
Food Hampers and Low Cost Grocery Store	**Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **Hope Omid Food Distribution Program** 930 Cumberland St. **4:00pm-5:30pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **St. Barnabas/Shiloh 5th Ave. Churches** 1010 Fifth Avenue Emergency Groceries **11:00am – 2:00pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Purpose Society Hamper Program** 40 Begbie Street Bi-weekly food hamper Call 604-526-2522 for more information **AmEnough Society** 529 Queens Ave. Food Bank Drop-in 236-627-7288, or via Whatsapp: 778-680-1178 **1:00pm – 2:00pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 5:45pm**	**Don't Go Hungry Food Program: St. Aidan's** Food Hampers 1320 7th Avenue **1:30pm – 2:30pm** **Don't Go Hungry Food Program: New West Community Church (NWCC)** Food Hampers 322 Hospital Street **1:00pm – 1:30pm** **Don't Go Hungry Food Program: Queensborough** (Inside Queensborough Community Centre) **12:45pm – 1:15pm** **Quest Food Exchange** 7753 Sixth Street, Burnaby Call 604-553-0636 to become a client **9:00am – 3:45pm**	