Conversion Chart for Swim for Life (Lifesaving Society) to Breaking Waves Program

SWIM FOR LIFE	BREAKING WAVES	AGE
PARENT AND TOT 1	CAREGIVER & TOT 01	4 - 12 MONTHS
PARENT AND TOT 2	CAREGIVER & TOT 02	12 - 24 MONTHS
PARENT AND TOT 3	CAREGIVER & TOT 03	24 - 36 MONTHS
PRESCHOOL 1 (OCTOPUS)	TOT BEGINNER	3 YEARS
PRESCHOOL 2 (CRAB)	TOT ADVANCED	
PRESCHOOL 1 (OCTOPUS)	PRESCHOOL 01	4 - 6 YEARS
PRESCHOOL 2 (CRAB)	PRESCHOOL 01	
PRESCHOOL 3 (ORCA)	PRESCHOOL 02	
PRESCHOOL 4 (SEA LION)	PRESCHOOL 03	
PRESCHOOL 5 (NARWHAL)	PRESCHOOL 04	
NONE	PRESCHOOL 05 & 06	
SWIMMER 1	CHILDREN - LEVEL 01	6 - 14 YEARS
SWIMMER 2	CHILDREN - LEVEL 02	
SWIMMER 3*	CHILDREN - LEVEL 03	
SWIMMER 3* if incomplete	CHILDREN - LEVEL 04	
SWIMMER 4*	CHILDREN - LEVEL 05	
SWIMMER 5	CHILDREN - LEVEL 06	
SWIMMER 6	CHILDREN - LEVEL 07	
ROOKIE PATROL (Swimmer 7)	CHILDREN - LEVEL 08	
RANGER PATROL (Swimmer 8)	CHILDREN - LEVEL 09	
STAR PATROL (Swimmer 9)	CHILDREN - LEVEL 10	
NONE	CHILDREN - LEVEL 11	
NONE	CHILDREN - LEVEL 12	
NONE	CHILDREN - SWIMFIT	
ADULT 1	ADULT 01	15+ YEARS
ADULT 2	ADULT 02	
ADULT 3	ADULT 04	
FITNESS SWIMMER	ADULT SWIMFIT	

*Please note: for these levels we strongly recommend a swim assessment to ensure readiness and correct level placement.