VOLLEYBALL LEAGUE PLAYING GUIDELINES

The New Westminster Parks and Recreation Recreational Volleyball Program strives to provide volleyball for individuals of all abilities and skill levels based on the principles of low cost to the participant, maximum participation and socialization, and most importantly...FUN! As such, the following guidelines have been developed, to help facilitate the conduct of play:

CODE OF CONDUCT:

All customers, visitors and volunteers are expected to treat each other with respect, dignity and fairness. As such, the following is prohibited:

- Behaviour, actions or language that promotes discrimination, racism, hatred or is demeaning.
- Aggressive acts, threats, violence or profanity.
- Illegal behaviour or destruction of property.
- Use or possession of alcohol, cannabis, drugs or other intoxicating substances.
- Use or possession of weapons.
- Any action or interactions with children or youth deemed harmful, abusive, coercive, manipulative or illicit in nature.

Teams that violate the code of conduct may be dismissed from the NWPR Volleyball League with no money refunded. League fees are non-refundable.

Help us make the league a safe place for everyone and report any unusual behaviour to a staff member or league coordinator.

THE PLAYERS:

1. Teams are expected to play with six (6) players on the court, all 19 years of age or older.
    - Team may play with five (5) players without defaulting but must use a "ghost" player (an empty position in the rotation).
    - When the ghost player reaches the serving position, the team automatically loses the serve.

    Gender Ratio Requirements
    - 5 players: 3 men & 2 women or 2 men & 3 women
    - 6 players: 3 men & 3 women
2. To be eligible for playoffs, players must participate in at least 30% of their team's games.
3. Team rosters must be submitted with the application.
    - Roster additions or changes may be made prior to the teams 4th game by emailing the league coordinator.
4. If your team is short players, please email the league coordinator for a list of available pick-up players.
5. Please wear appropriate footwear and remove any jewelry that may harm yourself or others during play.
6. Children who require supervision are not to be left unattended.

THE GAME:

All playing guidelines are set and as such are not subject to modification upon consent of both team captains. All rules as stated in the Volleyball Canada Rule Book shall apply with the amendments below:

1. Divisions consist of eight (8) teams. Matches are four (4) games, with each game played to 25 points, win by two (2) point spread (capped at 27). Teams must be ready to play at their scheduled time with a minimum of five (5) players. One point awarded for each game won.
   Point System:

WIN	1 POINT
LOSS	0 POINTS
DEFAULT	-1 POINTS

2. Teams will referee their own games upon mutual agreement between both captains. Both teams must keep score, and captains must meet after the game to confirm and report the final scores to the league host. A league host will be on site to collect and record final game scores and points. Only team captains may approach to discuss rulings.
3. If a team is not ready to play within 15 minutes after the scheduled start time, they default the first game (team showing with less than five (5) players to play). The same procedure will be used for the remaining games.
4. Matches have a maximum time limit of 75 minutes. Teams may warm up on the court prior to the scheduled match start time. Teams must vacate the court promptly at the end of their allocated match time.
5. Matches that start late must finish by the end of their allocated match time to allow the next group to start on time. If time runs out during the final match of the set of games, both team captains must mutually agree on the point limit (i.e. 15 points) to complete the match.
6. Blocking or spiking a serve is not permitted.
7. When receiving a serve, players may only bump or set the ball.
8. The ball can make a single contact with any part of the body, except when receiving a serve or driven ball.
9. Should the ball contact any equipment (i.e. basketball hoops etc.) and team captains judge it to be a playable ball, there will be a re-serve. If the ball would have been obviously out of play, then a point or loss of serve is awarded.
10. This is a recreational league – captain decisions should be respected.

ALL THE REST:

1. Season stats are updated weekly and available for view online under the Volleyball League tab at www.newwestcity.ca/sportsleagues. Failure to report scores to the league host will result in a tie being awarded.
2. Team rankings will be determined by the team with the greatest number of points. If two teams are tied, the winner of the games between the two tied teams will be used. Should the two teams still be tied, the scores per game will be calculated. End of season standings will be available with the playoff schedule, no prizing awarded.
3. The New Westminster Parks and Recreation Volleyball League hosts and organizers shall retain final authority over rule interpretation and dispute resolution.

Team Captains may contact the league coordinator, with any questions or concerns:

leagues@newwestcity.ca